



ROYAL ACADEMY OF
MEDICINE IN IRELAND

Odontology Section



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Tuesday 1st October 7:30pm (19:30)

[Zoom Webinar](#)

Navigating a Career in Dentistry: Sustainable or Self-Destructive?

This lecture presents a dissection of burnout, a pervasive issue in dentistry with broad and profoundly negative effects. Related psychological theories will be considered as frameworks for ourselves and our teams to overcome and guard against this widespread phenomenon.

Dr Rory O'Reilly graduated from dentistry in Trinity College Dublin in 2015. He has worked in both hospital and private practice settings since then. In 2019, Rory left clinical practice for a period of three years, exclusively pursuing whitewater kayaking on a full-time basis. His experience away from dentistry prompted him to undertake Diploma and Master's qualifications in coaching. He recently completed his thesis on burnout in dentistry, examining the effects of coaching and our attitudes towards it. Rory currently works in private practice in London and offers remote coaching services to clinicians struggling to deal with stress or wishing to reconfigure their attitudes to their careers.